Welcome to the **STOUFFVILLE SKATING CLUB**

INTERMEDIATE PROGRAM

At the Intermediate level, each skater is required to arrange for private or semi-private instruction from one of our professional coaches. This should be done by contacting one of the coaches prior to the start of the skating season. Our coaches names and numbers are as follows:

Hans Ahlgren 905-852-6872
Judy Ahlgren 905-852-6872
Lynda Khanna 416-464-7613
Cindy McNeil 905-640-5754
Jessica Rowsell 905-472-0053
Brett Schrader 905-640-1969
Janet Williams 905-852-5033

The Intermediate skaters will now be skating on a skills session. During this session skaters may not practice jumps or spins. This session is Thursday from 4:10 - 4:40. All skill lessons must be arranged with your private coach. Intermediate skaters will be provided with one group stroking, one group creative and one group freeskate lesson per week.

Please note that at the intermediate level, no fathers are allowed in the dressing room. Due to the fact that we have a range of ages in this group we need to ensure all girls are guaranteed privacy when changing in the dressing room. If there is a father who needs to tie his child's skates up, please arrange to use another dressing room to tie the skates or the warm room.

All sessions will start with stroking music. Following this, skill, solo or dance music may be requested. Music requested by the coaches takes priority.

The Intermediate session will begin on September 8, 2008 and run through until May 1, 2009. Dry land training and Monday morning ice (for those registered) will begin on September 15, 2008.

Please note that there will be **no skating** on the following days:

Monday, October 13, 2008 (Thanksgiving)
Friday, November 14, 2008 (Hockey Tournament)
Friday, December 12, 2008 (Hockey Tournament)
December 22, 2008 - January 2, 2009 (Christmas Break)
Monday, February 16, 2009 (Family Day)
March 16, 2008 - March 20, 2009 (March Break)
Friday, March 27, 2009 (Hockey Tournament)
Friday, April 10, 2009 (Good Friday)

There will be three test days in the 2008/2009 season. The **tentative** dates for these test days are ….. Tues., Nov. 18th, 2008, Thurs., Feb. 12th, 2009, and Tues., April 28th, 2009. Skating fees must be paid in full, in order to try tests.

Please provide an email address to the club as our newsletters and other important notices are now sent via email. Email addresses will be kept confidential and will not be shown when newsletters, etc. are sent. If you do not have email, please watch the bulletin board for the newsletter & for any other changes to the regular schedule. If there are any questions/concerns re: the Intermediate session, please contact your coach or a member of the executive.